

The Plough Inn

Lunch Menu

Wraps & Ciabatta

Sirloin Steak

Caramelized red onion chutney & rocket
£7.50

Cajun Salmon

Crunchy lettuce, mint, cucumber & yoghurt
£6.95

Chargrill Chicken

Guacamole, crunchy lettuce, tomato & red onion
£6.50

Falafel & Hummus

Grated carrot & shredded lettuce
£6.50

Chicken & Brie

Red pesto & rocket
£18.50

Served with a salad garnish & salted crisps

Sandwiches

Roast Beef

Rocket & truffle mayo
£7.50

Club Sandwich

Chargrill chicken, smoked bacon, boiled egg, lettuce, tomato & mayo
£7.95

Fresh Water Prawn

Seafood sauce & shredded lettuce
£6.95

Fish Finger Sandwich

Beer battered Cod goujons, house tartar sauce & rocket
£9.95

Cheese & Chutney

Mature cheddar, tomato & an apple & ale chutney
£6.50

Served with a salad garnish & salted crisps

Salads

Mixed leaf, tomato, red onion & cucumber

Classic Cobb Salad

Chicken, bacon, boiled egg, avocado & blue cheese dressing
£9.95

Vegan Salad

Edamame beans, pomegranate, cheese, watermelon, mint & pumpkin seeds
£8.95

Halloumi & Roasted Red Pepper

Harissa mayo
£7.95

Greek Salad

Marinated olives, feta & tzatziki
£7.50

Warm Salmon Salad

Avocado & tzatziki
£9.95

The Plough-mans

Honey & mustard glazed ham, mature cheddar, gala pie, pickled onion, gherkin, salad, ciabatta, salted butter & apple & ale chutney

£9.95